



Athboy Community School

Wellbeing Plan 2025-2026

1. Vision & Commitment

- **Mission Statement:**

Athboy Community School prides itself on creating a safe, caring, creative and culturally diverse environment and on offering an innovative curriculum which challenges students to achieve their full potential.

We promote an open culture in which relationships between staff and students are prioritised.

We commend and reward positive behaviour and encourage student participation in all aspects of school life so they can flourish academically, physically, emotionally, spiritually and psychologically.

“Mol an Óige agus tiocfaidh sí”.

2. Gathering Evidence

Strengths:

- 98% of parents reported that their child feels safe in school and 87% of students reported that they feel safe in this school. 93% of students reported that they are not being bullied in any way.
- The wellbeing of students is a priority in our school. The school sees health and wellbeing as important according to the majority of parents and staff.
- The vast majority of students, staff and parents feel that the school is well-maintained and is accessible and welcoming to students, parents and staff.
- The majority of staff reported that the school has an ethos of respect and acceptance of difference, where all people are valued.

Areas for Development:

- 27% of staff reported that they consider and prioritise their own health and wellbeing.
 - 38% of staff reported that school policy promotes healthy eating and staff encourage and facilitate healthy eating choices.
 - 42% of students were unaware of the supports available in the school (e.g. chaplain, psychotherapist, art therapist). 39% of students would know who to go to if they were worried about their mental health or another student's mental health, and how to arrange a meeting with them.
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- 25% of parents reported they didn't know their child can get support in the school for social, emotional and behavioural difficulties. 45% of parents reported that they were not aware that the school has links with external services for children in need of additional support.
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Focus Key Area:

For **Key Area 1 Culture & Environment** the relevant indicators of success are:

Wellbeing Statements of Effective Practice For All

- The school communicates with parents about the supports that are in place regarding the promotion of the wellbeing of children and young people.
- The school recognises that wellbeing is as important for the staff as for the children and young people. Appropriate supports are available for staff wellbeing.
- The school environment is conducive to promoting healthy eating choices. Drinking water is freely available and rewards other than food are used to motivate children and young people.

Wellbeing Statements of Effective Practice For Some & Few

- The school demonstrates commitment to identifying, including and providing targeted supports for children and young people experiencing barriers and challenges to wellbeing and learning.

Actions:

- Improve communication of Wellbeing supports available in the school to students and parents.
 - Enhance staff wellbeing supports.
 - Promote healthy eating.
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4. Improvement Plan:

- Improve communication of Wellbeing supports available in the school to students and parents.
- Enhance staff wellbeing supports.
- Promote healthy eating.

4. Monitoring & Evaluation

- **Data Sources:** Student and staff surveys.
 - **Review Dates:** _____
 - **Success Indicators:** Clear evidence of improved wellbeing outcomes.
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5. Resources & Supports

- Internal: SPHE teachers, guidance counsellor, student support team.
 - External: NEPS, HSE services, Oide wellbeing resources, local youth services.
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6. Sign-Off

Principal: _____

Wellbeing Coordinator: _____

Date: _____
